



St Benedict's
CENTRE

Programme
June – September 2025

Events usually start at 10am with coffee from 9.30, and finish at 3/3.30pm. Day events cost £25; Rochester Diocese Spirituality Network events are donation-based (suggested £10-25). The price includes tea/coffee and biscuits, but please bring your own lunch. Individual quiet rooms may be available for the day.

7th June - The Heart of Mission is Prayer: A Prayer Festival

Bishop Simon Burton Jones will be the keynote speaker; with workshops on Pilgrimage, Christian Meditation, Celtic prayer, Labyrinth, Praying with Ignatius, Pottery, Icons, Creative prayer, Writing, and The Jesus prayer.

10th June - Quiet Day for Church Administrators

A day of listening, learning and hopefully some laughter as we come away from our desks and pause long enough for God to speak to us. Facilitated through a series of short reflections by Canon Dr John Lawson.

13th June - Quiet Day: Prayers and Dreams

Author and priest Lisa Cornwell (“Dreams -The Path to Wholeness”) will lead this day. Our dreams are a pathway into a personal sacred space, that can open us up to the healing and transforming power of God.

21st-22nd June - Malling Art Club Exhibition

Showcasing a variety of work in all media, many featuring local scenes. Most of the paintings will be for sale; admission to the show is free. 20% of all profits from work sold will be donated to St Benedict’s Centre.

7th July - Walking with Jesus

A themed walk in the beautiful countryside around the Abbey, guided by Jan Foreman.

12th July - A Prophet for our Time? A Day on C.S. Lewis

Robert Elliott will focus our attention on some of the key themes in C.S. Lewis's writings and consider how these can provide insights into living as modern-day Christians.

EVENTS JUNE-SEPTEMBER 2025

August - The centre will remain open for visitors to come and enjoy our beautiful grounds and prayer labyrinth. Individual quiet rooms can also be booked for the day offering a private space for a restful, restorative time away from the bustle of daily life.

13th September - The Enneagram, A Beginner's Session

Shelley King, spiritual director and deacon will help us increase our self-awareness through the Enneagram to shed a light on the patterns of our personalities and how this helps us to cooperate in the transforming work of the Holy Spirit.

18th September - Learning by Heart

A workshop with actor Suzanna Hamilton, exploring the art of learning Scripture by heart. How can we recapture this practice and begin to carry God's Word in a different way within us on our spiritual journey?

25/28th September - Tone & Composition Art Exhibition

A collection of artworks by Giles Whitehead, some of which were inspired by Music@Malling.



To book: bookings@stbenedictscentre.org



All our event information and updates can also be found on our website programme page: <https://stbenedictscentre.org/programme/>



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