



St Benedict's
CENTRE



Programme
March – June 2025

EVENTS MARCH – JUNE 2025

Our events usually start at 10am with coffee from 9.30, and finish at 3pm. Day events cost between £15-£25, including tea/coffee and biscuits. Please bring your own lunch. Individual study/quiet rooms are available.

8th March - Hearing the Divine within and without

Led by Alice MacFarlane LRAM, this themed quiet day offers a practical and meditative exploration of listening and sounding from a place of acceptance and stillness.

22nd March - Walk the Labyrinth

Dr Martin Garsed will lead the day, encouraging you to slow down and reflect on where you are along your spiritual journey.

29th March - Lent Quiet Day

Led by Gilly Fenner, a day of quiet contemplation of Gospel stories of the Passion of Jesus in preparation for Easter using poetry, prayer, music, scripture and nature.

5th April - Listening to God in Stillness and in Movement

A discovery Day led by David & Anna Shadbolt to explore together how God loves to communicate to us in many different and maybe unexpected ways.

8th April - Truth Decay 1

Bishop Simon Burton Jones explores how Silicon Valley's promise of a new networked world is being built on sand, not rock, and what this means for those who want to follow Jesus.

29th April - Truth Decay 2

Mother Anne will engage us in the ancient Christian practice of sacred reading, which brings the faculties of mind, body and heart together in silent listening to God's word.

8th May - Easter Poetry Quiet Day

Led by Rev David Kichenside we will delve into a selection of poems of the Resurrection as a group and individually. We will read, pray, and take some time apart with the hope that God will breathe into our lives afresh.

31st May - Creative Day

A pottery-based day with Rev Canon Gordon Oliver. We will reflect on how the earthy experience of holding and forming clay into new shapes can help us open up to God's love in Christ for the world we live in.

7th June - Prayer Festival

Bishop Simon Burton Jones will be the keynote speaker; with workshops on Pilgrimage, Christian Meditation, Celtic prayer, Labyrinth, Praying with Ignatius, Pottery, Icons, Creative prayer, Writing, and The Jesus prayer.

10th June - Quiet Day for Church Administrators

A day of listening, learning and hopefully some laughter as we come away from our desks and pause long enough for God to speak to us. Facilitated through a series of short reflections by Canon Dr John Lawson.

13th June - Quiet Day: Prayers and Dreams

Author and priest Lisa Cornwell ("Dreams-The Path to Wholeness") will lead this day. Our dreams are a pathway into a personal sacred space, that can open us up to the healing and transforming power of God.

20th-22nd June - Malling Art Group Exhibition

An exciting art exhibition of works by members of a long-established local art group. Further details to follow nearer the date.

To book: bookings@stbenedictscentre.org

All our event information and updates can also be found on our website programme page: <https://stbenedictscentre.org/programme/>



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